



MOUNT CARMEL COLLEGE

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Love and Dignity

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Open Reference Sue Russell

I wholeheartedly recommend Sue Russell for any position or recognition that acknowledges excellence in physical education. As Head of School at Mount Carmel College, I have had the pleasure of witnessing firsthand the exceptional qualities and dedication that Sue brings to the role of a high school physical education teacher. She worked a maternity contract from January 2003-December 2003.

Sue has consistently demonstrated a deep passion for physical education and a genuine commitment to the holistic development of their students. Their instructional approach goes beyond merely teaching the fundamentals of exercise and sports; it encompasses instilling values of teamwork, sportsmanship, and lifelong fitness habits. She is adept at creating a positive and inclusive learning environment where students of all abilities feel empowered to participate and excel.

One of Sue's greatest strengths is her ability to tailor lessons and activities to meet students' diverse needs and interests. Whether it's designing adaptive programs for students with special needs or organizing engaging extracurricular events to promote physical activity, she consistently goes above and beyond to ensure that every student has the opportunity to thrive.

Moreover, Sue is an excellent communicator and collaborator, readily engaging with colleagues, parents, and community members to foster a supportive network for student well-being. She is always willing to share best practices, lend a helping hand, and actively participate in professional development opportunities to enhance her skills and knowledge.

In summary, Sue is an outstanding educator whose passion, dedication, and innovative approach have profoundly impacted the lives of students and the school community. She will continue to inspire and empower students wherever she goes.

Please do not hesitate to contact me for further information or assistance regarding Sue's qualifications and contributions.

Sincerely,

Sister Josephine Dubiel
Head of School
Mount Carmel College